

OCN Certificate in Counselling Supervision

Who is this course suitable for?

This accredited certificate course is for experienced counselling practitioners who wish to train to become counselling supervisors. It is also suitable for those who would like to see whether becoming a supervisor is right for them. This compact and affordable course is designed to cover the key skills and competencies needed to become an effective counselling supervisor.

The main focus of the course is on supervising individuals, although there is some discussion about supervising groups. There is the opportunity to attend a follow-on weekend 'Supervising Groups', should there be sufficient student interest.

Course Tutor

Lisa Mass

Dates

10 & 11 October 2015

7 & 8 November 2015

28 & 29 November 2015

Times

10.00 am – 4.00pm

Venue

Gerrards Cross Memorial Centre, 8 East Common, Gerrards Cross, Buckinghamshire SL9 7AD
(Easy access from M25 & M40)

WE REGRET THAT ON THIS OCCASION WE ARE UNABLE TO GUARANTEE WHEELCHAIR ACCESS

Cost

£750.00

Course Aim

To provide students with the knowledge and skills to deliver effective counselling supervision

Learning Outcomes

By the end of the training course, students will have:

- A clear understanding of what constitutes effective supervision, in terms of the role of the supervisor, and the tasks and process of supervision
- A thorough understanding of the ethical framework of supervision
- Had the opportunity to practice and demonstrate supervision skills, and receive constructive feedback
- Considered the different contexts in which supervision takes place
- Considered supervising those with different theoretical approaches
- Understood the administrative tasks involved
- Developed a template for a supervision working agreement

Methodology

The course consists of a balanced mix of:

- Theoretical inputs from course tutor
- Experiential exercises
- Group discussions
- Practice sessions
- Written Course Assignments

Duration

The course consists of:

- Six days of face to face training (30 hours)
- 10 Practice sessions – to include at least one session between weekends 1-2,
and at least one session between weekends 2-3. * (10 hours)
- Course Assignments (20 hours)

***Students do not need to have a supervision placement to undertake this training.**

Course Assignments – to be completed by Monday 29th February 2016

Compilation of a portfolio of evidence, including:

- A reflective journal
- A three thousand word essay clearly demonstrating how students have incorporated learning from the course to supervision practice
- Practice Sessions – with completed feedback forms
- Recording of Supervision Session – 1 hour

If students do not have a placement practice sessions can be done with other course participants or with counselling colleagues, or a combination of both.

If you would like more information about the assignments or any other aspect of this course, please contact Lisa Mass [Tel: 0777 300 78 94](tel:07773007894)

Email: contact@lisamasscounselling.co.uk

Course Accreditation

This course is accredited by the Open College Network, at Level 4 (6 credits)
Level 4 is equivalent to Diploma Level.

Entry Requirements

Students must have:

- Diploma in Counselling
- Minimum 2 years post-qualifying experience or 400 counselling hours
- Letter of support from counselling supervisor regarding suitability & readiness to undertake this training

Number of Participants

There will be a maximum of 12 students on the course

Application Deadline

Applications will be processed on a first come first served basis, so early booking is advisable. Please check that there are still places available.

Payment

Self-funding: A non-refundable deposit of £100.00* is required with your application. The balance is payable no later than 14th September 2015. Payment can be made by cheque or electronic transfer. (Bank details available on request). Cheques should be made payable to 'L. Mass'.

*Your deposit is refundable if for any reason your application is not successful

Organisation: If your organisation is paying for your place then the full fee is payable once you have been accepted on the course.

Course Tutor - Lisa Mass

Lisa Mass is a BACP Senior Accredited Counsellor who specialises in supporting children, young people & their families. She is a freelance trainer, supervisor and consultant for professionals in the fields of health, education, social care & counselling.

Lisa works in private practice with adults, children, and families affected by a range of issues including life-threatening illness, bereavement, separation & divorce and adoption. She sees clients in health settings, their homes or schools, and at her home practice.

Lisa has extensive experience of providing supervision for counsellors working in agencies and private practice, and at all levels of experience.

Tutor Support – Alison Pearce

Alison Pearce is a qualified counsellor who works in private practice. Her clients include children, young people, adults & couples. Alison is a previous student of the course and is now building her supervision practice.

Feedback from Students, 2014

“A lot of content, delivered over a short period of time.” Nicky D

“A good mix. I was never bored!” Louise P

“The course exceeded my expectations!” Daniella N

“Excellent, well presented course which met my learning needs completely.” Angela S

“Thank you for an incredibly energetic, focussed, challenging experience which was also thoroughly enjoyable. Clear delivery – managed to pack lots in without it feeling too crowded.” Dilly H

“A robust, fast-paced, thought-provoking course. Carefully planned and professionally delivered. I would have no hesitation in recommending it to anyone considering becoming a supervisor.” Alison P

“Thank you. I can honestly say this has been one of the most well thought out, well executed courses I’ve attended.” Adam S

“Although it was a ‘short’ course it was very high quality and stretched me, stimulated me to reflect and was extremely comprehensive.” Sue S

“Really enjoyable and highly recommended.” Judy D